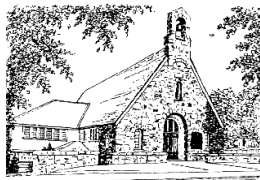


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HOUGHS NECK CONGREGATIONAL CHURCH NEWSLETTER

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PASTOR'S MESSAGE

Dear Beloved of God,

A year ago this October I had reason to contact friends, asking for help. I needed it. My wife had been diagnosed with a rare form of cancer. My brother was battling some strange virus that was sapping the life out of him. I carried on with work at the church, doing what needed to be done each week for Sunday services, keeping watch over the flock, but the combination of things meant that I was becoming a little frayed. From time to time I texted some of you. I phoned family. I met with a therapist. Nobody had a solution, yet everybody helped.

That might sound a little strange, but I think in a way it is true. To be helped doesn't necessarily mean that those who love you, friends, family are going to solve your problems. Their help may just be to accompany you, support you along the way. Just out of curiosity, the other day, I looked up the etymology, the origin, of the word *help*. The word is found in a modified form (*helpen*) in Old English dating back to the year 725. The article suggested that if you were to imagine calling out "help," you would most likely imagine taking a breath first before you exhale the *Hhhhh*. The pronunciation starts off sounding like the word hell (sometimes asking for help feels like hell!), but then comes the explosive "p." Interestingly, hidden in the "p" part of the word or "pen" in Old English, is the meaning "me" or "us." To hear the word "help" is to hear a summons – Help me, or help us. It is a vulnerable thing to ask for help, and when we hear the call for help, it is something close to a sacred duty to respond, in whatever way we can.

Since looking up the meaning of this important word "help" I found myself gravitating to the Psalms that express a longing for, or asking for, help. There are many. Psalm 46 is one of the most familiar. It begins "*God is our refuge and strength, a very present help in times of trouble.*" Help is a promise of God. Being surrounded by a community of faith that believes in that promise is a beautiful thing. We do not comprehend the mysteries of the universe, but we know that our relationships to God and to one another are a very present help as we navigate the ebb and flow of life. Help. I believe Annie Dillard is right when she says prayer really is expressed in just two ways: "Help me, help me!" and "Thank you, thank you."

Thanks for the help.
Pastor Steve

Weekly Lectionary for October 2022

| Season after Pentecost Year C | First* reading and Psalm | Alternate* First reading and Psalm | Second reading | Gospel |
|---|--|---|-------------------------------------|----------------------|
| Seventeenth Sunday after Pentecost October 2, 2022 <u>ART -- PRAYER</u> | <u>Lamentations 1:1-6</u> <u>Lamentations 3:19-26</u> or <u>Psalm 137</u> | <u>Habakkuk 1:1-4; 2:1-4</u> <u>Psalm 37:1-9</u> | <u>2 Timothy 1:1-14</u> | <u>Luke 17:5-10</u> |
| Eighteenth Sunday after Pentecost October 9, 2022 <u>ART -- PRAYER</u> | <u>Jeremiah 29:1, 4-7</u> <u>Psalm 66:1-12</u> | <u>2 Kings 5:1-3, 7-15c</u> <u>Psalm 111</u> | <u>2 Timothy 2:8-15</u> | <u>Luke 17:11-19</u> |
| <u>Canadian Thanksgiving Day</u> October 10, 2022 <u>ART -- PRAYER</u> | <u>Deuteronomy 26:1-11</u> <u>Psalm 100</u> | | <u>Philippians 4:4-9</u> | <u>John 6:25-35</u> |
| Nineteenth Sunday after Pentecost October 16, 2022 <u>ART -- PRAYER</u> | <u>Jeremiah 31:27-34</u> <u>Psalm 119:97-104</u> | <u>Genesis 32:22-31</u> <u>Psalm 121</u> | <u>2 Timothy 3:14-4:5</u> | <u>Luke 18:1-8</u> |
| Twentieth Sunday after Pentecost October 23, 2022 <u>ART -- PRAYER</u> | <u>Joel 2:23-32</u> <u>Psalm 65</u> | <u>Sirach 35:12-17</u> or <u>Jeremiah 14:7-10, 19-22</u> <u>Psalm 84:1-7</u> | <u>2 Timothy 4:6-8, 16-18</u> | <u>Luke 18:9-14</u> |
| Twenty-First Sunday after Pentecost October 30, 2022 <i>(If All Saints not observed on this day)</i> <u>ART -- PRAYER</u> | <u>Habakkuk 1:1-4; 2:1-4</u> <u>Psalm 119:137-144</u> | <u>Isaiah 1:10-18</u> <u>Psalm 32:1-7</u> | <u>2 Thessalonians 1:1-4, 11-12</u> | <u>Luke 19:1-10</u> |



**SEASIDE SOCIAL CLUB
OCTOBER 11th at 7 pm**

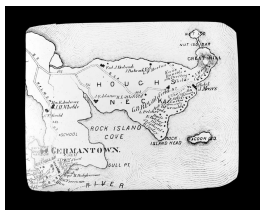
**FALL WREATH DEMONSTRATION
BY YVETTE GRADY**

The Seaside Social Club will continue their season on October 11, 2022 with a fall wreath demonstration by master crafter, Yvette Grady. The program will begin at 7:00 in Fellowship Hall on the lower level of the Houghs Neck Congregational Church. The finished wreath will be raffled to benefit the M. Alicia Corea Student Fund which provides gifts to college students sponsored by club members each year. The program is open to the public and is free. Prior to the program, the club members will hold their monthly meeting at 6:30. All women of the community are invited to join, and dues are \$20 for the year which helps support the club's programs.

**HOLIDAY SHOPPERS' NIGHT
NOVEMBER 8, 2022
6:00 – 9:00 PM**



The Seaside Social Club is thrilled to announce that our annual Holiday Shoppers Night is back this year on Tuesday, November 8 from 6:00 to 9:00. The sale will include over twenty vendors with a wide assortment of items perfect for holiday shopping. Admission is free and refreshments will be served. Bring your friends and have a fun night of shopping, snacking and chatting. The sale will be held on the lower level of the Houghs Neck Congregational Church, at 310 Manet Ave. Questions, please call Sue at 617-922-1830.

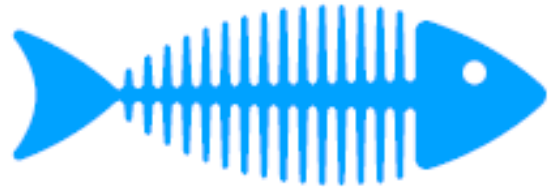


**HOUGHS NECK HISTORY SERIES
OCTOBER 20
SPONSORED BY THE SEASIDE SOCIAL CLUB**

The October 20, 2022 presentation in the Houghs Neck History Series will be Mapping Houghs Neck from 1614 to 1910. Houghs Neck historian Patti Williams will present Mapping Houghs Neck using maps as the focal point. You will learn about the original land grant holders, including Atherton Hough, see how the Neck evolved into a series of farms. Learn about the real estate development as the need for subsistence farms had passed permitting people to live on smaller lots and closer together. See maps from a variety of sources including the Quincy Historical Society, Thomas Crane Public Library and the Norfolk Registry of Deeds. The series is held in the hall on the lower level of the Houghs Neck Congregational Church at 7:00 (elevator is available). Admission is free and refreshments will be served.



LOBSTER/FISH DINNER



TAKE- OUT ONLY

Saturday, October 15th
4-7P.M.

HOUGH'S NECK CONGREGATIONAL CHURCH

MENU:Lobster or haddock, baked potato, corn on the cob,
homemade bread, dessert and beverage

PRICE: **LOBSTER -\$20** **FISH-**
\$15

(Children under 12-\$10)

RESERVATIONS REQUIRED

Call or email Nancy or Ralph Jacobs
(617) 479-6441 (617) 957-6864
jacobs0511@gmail.com

Select a time frame for pick-up

- 4:00 4:15 4:30 4:45 5:00 5:15 5:30 5:45 6:00 6:15
- 6:30 6:45



SPIRITUAL MESSAGES

Sing

Scripture: And now my head shall be lifted up above my enemies all around me; therefore I will offer sacrifices of joy in His tabernacle; I will sing, yes, I will sing praises to the Lord. -Psalm 27:6

Quote: Beautiful music is the art of the prophets that can calm the agitations of the soul. -Martin Luther

The Source of All Wonder

Scripture: When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have ordained, what is man that You are mindful of him, and the son of man that You visit Him?

-Psalm 8:3-4

Quote: The world will never starve for want of wonders; but only for want of wonder.

-G. K. Chesterton

Surrender

Scripture: If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me. -Luke 9:23

Quote: All to Jesus I surrender, make me, Savior, wholly Thine. -Judson W. Van DeVenter

Sing to the Lord

Scripture: Serve the Lord with gladness; come before His presence with singing. -Psalm 100:2

Quote: When we have been there ten thousand years, bright shining as the sun, we've no less days to sing God's praise than when we'd first begun. -John Newton

Worthy of Thanks

Scripture: Oh, give thanks to the Lord, for He is good! For His mercy endures forever. -1 Chronicles 16:34

Quote: The measure of our spirituality is the amount of praise and of thanksgiving in our prayer
-D. Martyn Lloyd-Jones



HAPPY OCTOBER BIRTHDAY!!
WISH A HAPPY BIRTHDAY WITH A SMILE, A CALL OR A
CARD TO OUR OCTOBER BIRTHDAY FOLKS!



John Plonowski
Eric Wainwright
Helen Murphy
Molly Jacobs
Emily Butruccio

Connie Sparks
Susan Carr
Barbara Christie
Lenny Jacobs
Isabella Plonowski
Michael Carr

NOTES FROM NEAR AND FAR

I'm still amongst the living! Been hot this summer! Hope you are well. I'm hanging in.

Take care.

-Joan Kirby, Quincy

Despite the heat here in Texas where we typically hibernate, we have actually been busy visiting with family – all small gatherings – all joyful events. We look forward to visiting with our Boston family in late August and enjoy the harbor views from God's Country H.N! We hope to maybe have an ice cream cone from Hough Many Scoops! Yum. Summer is not complete without a scoop from there. 😊

Hope everyone is well!

- *Dannette Costas-Carrion*

Houston, TX

I was in Boston recently and in the breeze I felt the change coming. Even though it was a beautiful day I felt the change in the air – that familiar coolness that signals fall is coming. Then I noticed some leaves had already changed to the familiar fall colors. Nature always speaks to us – we just need to look, listen, feel and observe the wonder of how it works. Blessings to all.

- *Dannette Costas-Carrion*

Houston, TX

Kisses from the Garden

Written by Michelle Paul

*Dedicated to Family of the
Houghs Neck Congregational Church*

Sitting in this hospital dining room

Seems sterile, uninviting

Faced to the garden below

Warm, not antiseptic

Sunflowers kissing the still, burnt

pale blue sky

One more! Another sunflower

with its yellow and brown center

Bringing back the life to itself and everybody

Mozzy by for a vista –

admiring the smells, beauty, fragrances

JOYFUL!

Rainbow-colored flowers beneath the sunflowers,

Presently, blowing kisses to all of us

The taste of dirt of the Earth, muddy, thick

When freshly watered by the hands of humans

Or the rain our Creator sends

The standing sunflowers shouting joyfully

Inviting us to have our fingers

caress the green leaves

and appreciating sunshine

Dancing through the branches of nearby trees.

